



British Junior Championships Tignes / Meribel
Provisionally 1-8th April 2017. TBC.

British Alpine Ski Calendar (@5/9/16) <http://www.britski.org/2017cal-v09.pdf>

Cairngorm Ski Club and Alpine Training Centre have agreed to run a joint trip to the British Junior Championships this year. This arrangement means we can pool resources and maintain value for money for our members.

The camp will run for eight days around the Easter holidays and provide an amazing opportunity to train and race against the best young talent in the UK.

Age categories for male and female include: U16 U14 & U12. (U10 may attend, but won't qualify for grant support- please see conditions)

CSC aim to support up to 8 young athletes to attend this national event, though grant assistance and through provision of our own coaches. This provides continuity with the CSC development programme whilst using coaches known and trusted by our own athletes.

Just like our own well established Hintertux Training camp we aim to offer fun and positive racing experiences while improving performance and competitive resilience. In addition to training and racing, the programme allows for additional fitness and fun activities.

The package agreed includes all training and race support costs and living expenses from Geneva airport to either resort for the duration. This leaves only flights, variable race entry fees, and race insurance as additional items.

Airport -Resort Transfers. Hotel Accommodation. All food. Lift pass
Coaching and Race support. Fitness and activities. Ski tuning support.

Exact flight details TBC ASAP Normally: Easyjet Edinburgh to Geneva return

Full package (all inclusive) £1300 Race support only (if living out) £400

Small Print..?

The camp assumes that all children participating in the races are self sufficient on the mountain.

If any of our athletes would wish to attend supported by family this is possible through the “Race support only” option.

Grant support details shall be published shortly, however apply to athletes having trained for at least 2 years with the club.

U14 and U16 athletes require to prequalify for entry by achieving 400 BASS points. This is possible in Scotland although the handicapping scheme for races makes it difficult to predict due to the relatively low number of low seed point athletes attending the races. Last year 4 athletes qualified to attend in these age groups. If it is possible, plan your season to make the best of accessible well attended competitions. Focus upon completing both runs of every competition to maximise your gains in every competition.

U12, U10 and under do not require pre-qualification to enter and can also be attended completely independently of the camp. Bairns and U8 races also take place in the mornings during the week, which are also an excellent experience for novice racers and families alike.

U18 upward races run from the 26th March-2nd April. **CSC Athletes will qualify for a grant to attend**, however the club are unable to fund coaching support for these more independent and established athletes. ATC will be operating independently that week, and discussions should be undertaken directly with them.

What do I need to do next?

- 1) If you are U12- remember -no qualification issues- its a fantastic opportunity to attend a professionally run national event in an international setting. Ill be more than happy to answer any questions, or discuss the options to suit. **Speak to me or the coaches at the fitness day, Hintertux, the Ski Sale or on the Hill.**
- 2) If you are U14/U16 and have a 50:50 chance of qualifying this season, note your interest, and we will work with the coaches to ensure you get the best chances to qualify by doing the right things at the right races. Get it right on the day then the choice will be **100%** yours to make.
- 3) Luck not required... Mark Burton Alpine Convenor.